



## **FSBT COVID-19 SAFETY POLICIES as of 3/2/2022**

- All parents/guardians or adult students over age 18 years will be asked to read and sign off on the safety procedures and COVID-19 waiver when registering for classes.
- These procedures may be adjusted as circumstances change or government guidelines are modified. Parents and adult students will be notified of any changes before they are implemented.
- Any student or faculty member who has tested positive for COVID-19 or been exposed to someone who has is expected to notify the School Director immediately.
- FSBT reserves the right to move some or all of the classes to Zoom at any time to minimize the transmission of disease.
- Students or adults should stay home if you are exhibiting symptoms of infection of any kind, including fever, shortness of breath, cough, muscle/body aches, sore throat, sneezing, lack of smell/taste, headaches or diarrhea.
- All classes will be available on Zoom. If you have any doubt about coming to class, stay safe and stay home, and take the class on Zoom.
- The FSBT water cooler will be unavailable; students should bring their own water.
- The elevator will be available for adults and anyone who is disabled. All others should use the stairs.
- Hand sanitizer stations will be set up outside each studio.
- If a student feels unwell during the class, they should let the teacher know immediately. The student will be isolated immediately and a staff member will contact their parent to come pick them up.
- Students in Ballet I, II, III and IV should not arrive more than 15 minutes before their class. Students in Ballet I, II, III and IV should be accompanied to Level 3R by an adult or caregiver unless prior arrangements have been made the School Director to drop off. Students should leave the building after their class is over.
- Students in Ballet V, VI and VII should not arrive more than 30 minutes before their class begins and should be picked up within 15 minutes of their class or rehearsal ending. No exceptions.

- FSBT will be following the CDC guidelines for students who have tested positive or have had a close contact with someone who is positive, as listed below. These policies are in accord with CDC guidelines as of 2/28/2022. [https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#anchor\\_1642600273484](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html#anchor_1642600273484)

Day 0 is the first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected.

**If you test positive for COVID-19 OR have symptoms, regardless of vaccination status:**

- Stay home for at least 5 days. If you have symptoms, you may return to the studio after 5 days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.
- Wear a mask in the studios for 10 days after your positive test or your symptoms first appeared.

**If you have been exposed to COVID-19 and are NOT up-to-date (all recommended vaccines and a booster if eligible) on COVID-19 vaccinations:**

- Stay home for at least 5 full days.
- Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. Test results should be sent to the School Director.
- Wear a mask in the studios for 10 full days after exposure.

**If you were exposed to COVID-19 and are up to date on COVID-19 vaccinations:**

- You do not need to stay home, unless you have symptoms.
- Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19. Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.
- If you develop symptoms, get tested. Continue to stay home until you know the results.
- Wear a mask in the studios for 10 full days after exposure.

**If you were exposed to COVID-19 and had confirmed COVID-19 within the past 90 days (you tested positive using a viral test):**

- You do not need to stay home **unless** you develop symptoms. Watch for symptoms until 10 days after you last had close contact with someone with COVID-19. **If you develop symptoms, get tested and continue** to stay home until you know the results.
- Wear a mask in the studios for 10 full days after exposure.

**DEFINITIONS**

Exposure

Contact with someone infected with SARS-CoV-2, the virus that causes COVID-19, in a way that increases the likelihood of getting infected with the virus.

### Close Contact

A close contact is someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes. People who are exposed to someone with COVID-19 after they completed at least 5 days of isolation are not considered close contacts.